



APRIL

2011

[WWW.SONOMACOUNTYFORUM.ORG](http://WWW.SONOMACOUNTYFORUM.ORG)

## SONOMA COUNTY FORUM

### April 7, 2011: Worth Our Weight with Marjorie Crump Shears & Pat Dunlap



Founded by Chef Evelyn Cheatham, Worth Our Weight provides tuition-free culinary and restaurant management training for underserved young adults ages 15-24, giving them the skills they need to create a better life for themselves and their families. Marjorie Crump-Shears and Pat Dunlap will tell you about this amazing local program and show you what the students do. Don't miss it!



### April 21, 2011: Master Gardener Program by Sandy Metzger



Sandy Metzger writes, gardens, and crafts. A Master Gardener since 2000, she writes for that program's website and lectures around the county on basic landscape design, lawn alternatives, drought tolerant gardening, and gardening with natives. Her kid gardening book *Mrs. Feeny and the Grubby Garden Gang* will be released in May. She lives in Santa Rosa with her husband and dog on their flower-packed, nearly lawnless property.

## PRESIDENT'S MESSAGE

Seventeen members shared an evening together at the Green Music Center listening to a concert by the SSU Symphonic Wind Ensemble. The acoustics are fantastic.

Many new members may not be familiar with **Forum Excursions**. Any member of the Forum may suggest an idea for an excursion to the Coordinator- Vice President **Janet Thorp**. Janet will bring the suggestions to the board for approval. The member is responsible for organizing all aspects of the excursion. Some past excursions have included a tour of the Schulz Museum, Bellweather Farm Cheese and theatre outings. Excursions, Epicureans and the Book Groups are open to Forum members. These are a few of "the perks" of belonging to the Forum.

The Social Chair, **Donna Spillman** also arranges some Forum events. Mark your calendars for a summer outing. The evening of **Wednesday July 13**, we will have a private tour of the student Art Start Projects with wine and appetizers. More details will follow in upcoming newsletters.

See you at the next Forum meeting.

Pat [Quail6@sbcglobal.net](mailto:Quail6@sbcglobal.net)

## BOOK GROUP NEWS

**BOOK GROUP I** will meet at Julia Santo's home Monday, Apr. 4th at 7PM to discuss "Secret Scriptures" by Sebastian Barry.

**BOOK GROUP II** will meet at Carol Anderson's home on Tuesday, Apr. 12th at 7 PM to discuss "Emma" by Jane Austen.

**BOOK GROUP III** will meet at Andrea Veenstra's home on Monday, Apr. 25th at 7 PM to discuss "The House at Sugar Beach." by Helene Cooper.

## FUTURE SPEAKERS

- ★ May 5th                      The Greenway Project
- ★ May 19th                    Dale Bredezen of the Buck Institute
- ★ June 2nd                     Jeff Cox Press Democrat Restaurant Reviewer

## BIO Lona Brown

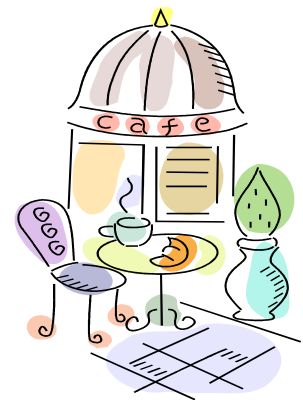


Lona Brown joins the Forum through her association with Pat Edelstein. They are regular golf buddies. Retired now, Lona volunteers at the Treasure House, an antique store in Railroad Square, whose profits support The Living Room and The Redwood Gospel Mission. She's a long time lover of antiques and finds she can bring her desire to help in the community with this interest. She is married and has two daughters who live in Sonoma County with their families. She and her husband love to travel and have taken many overseas adventures with the Over Seas Adventure travel organization. Last year they traveled to India, as well as Turkey and soon they'll be going to Cambodia and Vietnam for 23 days. Lona is an avid reader and has already joined the Tuesday book group.  
Welcome Lona.

## EPICUREAN LUNCH DATE



The Epicurean lunch will be held at the **Rendez Vous Bistro**, which is located @ 614 Fourth Street, in downtown Santa Rosa on Thursday, April 28th @ 11:4500 AM. This "talk of the town" restaurant has a lot of choices on the menu to delight your fancy. So come join fellow Forum members for lunch.  
If you have any questions give Yvonne Giambrone-Martin a call at 545-1140.



*MEETINGS ARE THE 1ST & 3RD THURSDAY @ 7:30 AM @ THE FLAMINGO RESORT*